

Invitation for "1-2-Trainer" education

"1-2-Trainer" ... a new basic trainer education ... arrives in Odense in August.

Target group

The education is aimed for:

- Young hockey players who already are or are heading against being assisting trainers
- Parents who once and a while helps with the training
- New hockey coaches

Content

The education will cover 2 parts:

- The role of a trainer: Introduction being a trainer, and how to create an exciting and challenging training session for different target groups.
- Hockey training: inspiration for specific hockey exercises, and how to build a training session.

Development consultant Benny Berthelsen and an experienced Coach will be in charge of the education.

When and where

Date and time:

- 14th of August 2016, 9.30 am till 5.30 pm in Hockey Club Odin. Registration no later than 8th of August.

What do you get?

8 hours education, material (in Danish), a 1-2-Trainer t-shirt, course certificate and lunch/beverages.

How much?

Since it's the first 1-2-Trainer education west of Storebælt the education fee will be covered by DHU.

Contact the Club if it's possible to have transport expenses covered.

Sign up

Sign up by mail to development consultant Benny Berthelsen (bbr@dk-hockey.dk) with information about name, Club, cell phone and T-shirt size.

1-2-TRÆNER