

| Time/Day      | Wednesday  | Thursday   | Friday  | Saturday                                     |
|---------------|--|--|---|--|
| 8:00 – 8:45   |  | Breakfast  | Breakfast   | Breakfast                                    |
| 9:00 – 10:30  |  | Practice<br>(Age: 8-10 (16)<br>(Age: 11-13 (12)<br>(Girls: 13-18 (9)<br>(Age: 13-15 (13)                   | Practice<br>(Age: 8-10 (16)<br>(Age: 11-13 (11)<br>(Age: 13-14 (12)<br>(Age: 14-18 (12) | Practice/Packing<br>Game against the coaches |
| 10:30 – 12:00 |  | Practice<br>(Age: 8-10 (16)<br>(Age: 11-13 (12)<br>(Girls: 13-18 (9)<br>(Age: 13-15 (13)                   | Practice<br>(Age: 8-10 (16)<br>(Age: 11-13 (11)<br>(Age: 13-14 (12)<br>(Age: 14-18 (12) | Practice/Packing<br>Game against the coaches |
| 12:00 – 13:00 | Kids arriving  | Lunch  | Lunch   | Kids going home                              |
| 13:30 – 15:30 | Practice<br>(Age: 8-10 (16)<br>(Age: 11-13 (11)<br>/<br>Teambuilding<br>(Age: 13-14 (12)<br>(Age: 14-18 (12) | Practice<br>(Age: 8-10 (16)<br>(Girls: 13-18 (9)<br>/<br>Minigames<br>(Age: 11-13 (12)<br>(Age: 13-15 (13) | Excursion   |  |
| 15:30 – 17:30 | Practice<br>(Age: 13-14 (12)<br>(Age: 14-18 (12)<br>/<br>Teambuilding<br>(Age: 8-10 (16)<br>(Age: 11-13 (11) | Practice<br>(Age: 11-13 (12)<br>(Age: 13-15 (13)<br>/<br>Minigames<br>(Age: 8-10 (16)<br>(Girls: 13-18 (9) | Excursion   |  |
| 18:00 – 19:00 | Dinner   | Dinner   | Excursion & Dinner  |  |
| 19:00 – 21:00 | “Hygge” & movie  | “Hygge” & movie  | “Hygge” & movie   |  |
| 21:30 – 08:00 | Sleep<br>U11 at 22.00<br>U15 at 23.00<br>U18 at 00.00  | Sleep<br>U11 at 22.00<br>U15 at 23.00<br>U18 at 00.00  | Sleep<br>U11 at 22.00<br>U15 at 23.00<br>U18 at 00.00                                   |  |

Night hockey will be Thursday or Friday