

This document should be seen as guidelines for hosts, teams, officials and spectators for EHF events, taking precautions to avoid the spread of **SARS-COV2 (COVID19)**.

NB In this document this is referred to as COVID19.

**Firstly, everyone is required to follow the local/national Government precautions in the hosts' country/city in addition to the current advice of the WHO.**

The following COVID19 Guidelines are all subject to local government and health laws and regulations. The local health rules take precedent if they are stricter than the EHF guidelines.

For Teams and Officials the EHF recommends waiting as long as possible to book flights/train tickets and to pay attention to the cancellation policies.

**NEW The EHF has decided that from 31<sup>st</sup> March 2022, all participants in EuroHockey events must be fully vaccinated or recovered from COVID19.**

**Participants include all those covered under the EHF Code of Conduct (EHF and Local Officials, Team Management, and Athletes) in addition to those participating in all EHF Education and Development Courses and Seminars and face to face meetings of EHF Executive Board and Committees.**

**The EHF has determined that fully vaccinated or recovered means:**

- **Proof of vaccination that is acceptable in your country**
- **Proof of recovery from COVID19 from your responsible Government Agency**

**Notes:**

**Additional rules may apply for entry into the host country.**

**This is what the European Hockey Federation recognises as fully vaccinated or recovered, for entry into our events. It may be possible that some vaccines are not recognised by the host country, in this case, participants must comply with the local Government rules in the host country and any transit countries. The Local Organising Committee and volunteers remain under local requirements.**

**This mandate is subject to change as we continue to assess the best practice to ensure the safety of all participants in our events.**

**It is understood that there might be persons that have exceptional medical exemptions from having the COVID19 vaccine. Medical proof of an exemption will have to be provided in advance and this will be dealt with on a case by case basis by the EHF.**

The EHF has created a **COVID19 Panel**, existing of 6 persons: Dr. Udo Rolle (GER), Dr. Katja Van Oostveldt (BEL), Barbara Morgan (SCO), Sylvie Petitjean (FRA), Björn Isberg (SWE) and Siobhán Madeley (EHF Communications Manager). They work in close cooperation with the EHF Competitions Manager, Operations Manager, Administration Manager.

If Hosts, Officials or Teams have a query which relates to these guidelines, they can refer their question to this Panel, via [covid19@eurohockey.org](mailto:covid19@eurohockey.org).

## Hosts

**You must appoint a COVID19 Officer** who is knowledgeable on the precautions to be taken. (Some countries now have an online course to qualify your COVID19 Officer; we recommend this person completes this course). In the lead up to the event this person will report to the Organising Committee who will in turn report to the EHF. During the event the COVID19 Officer will report to the EHF-appointed TD and Chair of the LOC.

## Tasks COVID19 Officer

- Check that a contact tracing procedure is in place and check that attendees and workforce are registered (daily).
- Check that modifications to the venue in relation to adjusting the official capacity of the venue are in place (spectators/no spectators) (eg. Social distancing re seating plan, marking the floor with social distancing measures.)
- Advising / reminding people to observe physical distancing, respiratory/cough etiquette, mask wearing and hand hygiene practices.
- The COVID19 Officer(s) should be visible around the venue, they can also refer non-compliance directly to the LOC (attendees and workforce), TD (team members and EHF officials), Media Officer (accredited media).
- Keeping the duration of the event opening hours to a minimum to limit contact among participants (reduce the time before each match that doors open if spectators).
- Check to ensure adequate pre-event workforce training is done, medical response planning, provision of cleaning protocols.
- Work with the Tournament Doctor on obtaining timely COVID19 testing; and ensuring that any athlete or participant in the event who needs immediate medical care is given access to medical facilities.
- Building a flexible communications strategy in conjunction with the EHF Communications Manager (eg in case of a potential outbreak).
- Put in place a dedicated cleaning programme for all areas.

## Venue

- You must install sufficient sanitizing stations at your event.
- All toilet facilities must have hand washing/sanitizing stations.
- In the stands or alongside the pitch, block seats/standing places in strict accordance with your Government guidelines on social distancing.
- If changing rooms and showers are allowed to be used at the venue, you must make sure people can keep distance (see above) in the changing rooms and showers.
- If changing rooms are not big enough for showering, to ensure social distance you must either not use them or let teams shower in small groups.
- If changing rooms are not big enough to ensure social distance, please arrange temporary covered areas (eg. tents) where teams can have team talks.
- If changing rooms are big enough, then these could be used for ice baths, but only if a host is able to accommodate this and if local rules allow for the changing rooms to be used. For the number of people in the changing room at the same time we refer to the local rules and to use common sense. A better option would be to have the ice baths somewhere outside (screened off), but the host needs to be able to accommodate this.
- If there is not sufficient space at a venue, to ensure social distance, it could mean that full teams are not allowed to stay at the venue to watch other matches. However, per team 3 persons (eg. coach and assistant coaches) must be allowed to watch games, so please allow space for this at your venue.
  - **NB** The number of 3 per team is excluding 1 Video Operator per team.
  - **NB** Remember that these persons should also be brought back to their hotel.
  - If they don't stay in a designated hotel, then this cost can be charged to these teams.
- We recommend that you place sufficient signage telling people to keep the required distance (check with your Government guidelines for what is recommended in your country). Signage must be in English and can be in your local language also.

# Euro Hockey

- We recommend that you place sufficient arrows/signage to point out the walkways to avoid crowds converging in small spaces.
- You must engage a cleaning crew who will regularly clean toilets, changing rooms, tables, bars, door handles, dug-outs, etc. during the day. All rooms and facilities to be used within – must be thoroughly cleaned prior to usage and regularly cleaned between usage.
  - **NB** At the end of each match, please make sure to quickly clean and disinfect the dug-outs.
- Ventilate rooms and common spaces regularly.

## Pitch

- You must make space, behind the fence and in the vicinity of the dugouts, for non-playing team members and extra staff and mark this.
- You must ensure that spectators cannot get in the vicinity of the dugouts and Technical Table.
- You must ensure that the Technical Table is covered and can have 2 persons sitting behind it with sufficient space between them to ensure social distance.
- Teams will be advised (see below) that depending on the size, video towers will perhaps not be accessible for more than 1 person per team.
- You must have an area available at the venue where the 2 teams can do their half-time team talk, in case they cannot stay on the pitch when this is being watered (not applicable on sand-based pitch or indoor). If there are changing rooms close to the pitch and local rules allow them to be used, teams can stay in the changing rooms at half-time.
- You must make sure all players, after the matches, are able to walk through a Mixed Zone but remember press should keep the required distance when doing the interviews. Media is required to wear face coverings while in the Mixed Zone. (If no press is present, no Mixed Zone is needed).
- Player mascots accompanying teams are not allowed.
- A Tournament Mascot can join in the walk-out of the teams, but should keep distance to teams and umpires.
- For Championship events: Ball patrol can be used as flag bearers.
- The use of ball patrol at events is strongly recommended. Ball patrol (if being used) must be for all matches, 4-6 persons per match are required. Ball patrol do not have to wear gloves but clean their hands after the matches and at half-time. They don't have to wear face coverings. Ball patrol is not allowed to touch any PC defending equipment.

## General

- The COVID19 Officer must make sure that all people who need to wear face coverings (in accordance with your Government guidelines), do wear them properly, so covering nose and mouth.
- With regards to hotel bookings, try to have the best cancellations policies with your hotel/s and have regular contact with the EHF Competitions Manager.
- Where possible, book flights as late as possible.
- If teams and officials fly home at the end of the final day and cannot use the showers at the club, it would be much appreciated if late hotel check-outs are made possible for teams and officials, in order for them to shower after the matches. Please negotiate the best possible price for this and remember that for Officials it will be for your account.
  - **NB** It would be appreciated if transport (venue-designated hotel) can be arranged for this, free of charge.
- Hotels should try to have separate areas available for lunches and dinners in the hotel for players and officials, of course if the structure of the hotel permits. If possible, a properly sectioned off area.
- Regarding breakfast/lunch/dinner the following options apply:
  - In case the hotel agrees, teams can eat in their own meeting room or in a specially created dining room for the event participants where eating in shifts is recommended.
  - If teams want their own meeting room, they have to arrange this with their hotel and pay for it.
  - If the host is able to provide dinner at the venue, this is possible as well.
  - Teams are able to have dinner in external venues (ie not hotel or venue), but they are reminded that this is at their own risk and proper precautions should be taken.
- Hosts can use 9-person vans to transport teams and officials. People are still recommended to wear face

coverings during transport.

- Where hosts arrange touring busses, these busses can be shared between teams during a trip if necessary. Teams should be informed of this before the event. Busses should be regularly cleaned.
- For Prize Giving Ceremonies count:
  - Outdoor: presenters should not shake hands.
  - Indoor: presenters should not shake hands, are recommended to wear face coverings and should keep distance of approx. 1m for pictures.
- **No Quick/Rapid Testing is required by the EHF for Teams and Officials during the event. However, local guidelines might require this.**
  - **NB** If a team member or officials have Covid19 symptoms, Quick/Rapid Testing needs to be done to check. We recommend having a small stock of tests and a qualified 'tester' on call should this need arise.
  - Regarding the costs of this, see below:
  - Potential costs for Teams to be paid for by the teams themselves.
  - Potential costs for Officials to be paid for by the EHF.
  - Potential costs for LOC and other volunteers to be paid for by the host.
- If **PCR Testing** needs to be done for Teams and Officials at the end of the event (required to travel back to the persons home country), please note the following procedure:
  - Host to find a PCR company who can come and do the testing either at the venue or in a designated hotel.
  - Teams to pay the cost of these tests to the host or Testing Agency.
  - Officials' testing to be paid for by the Officials' own Member Associations but via the EHF.
    - EHF will further invoice the respective Officials' own Member Associations.
    - **NB** Host must send the EHF a list with the names of the PCR Tested Officials.
- Medical Doctors/testers at the event, when testing, need to wear sufficient protective equipment, such as an apron, face shield, face coverings and should use a new pair of gloves per person that they test.

## Teams

- Option in joint events to use a Physio and Medical doctor across gender: we strongly recommend not to use a physio across the genders. If you however do this, you take the risk of them being a 'close contact'.
- Teams are required to take all the precautions they can take to minimize the risk of becoming infected before or during the tournament.
- What is recommended of all players and team staff, is that especially during approx. 10 days before the event they behave responsibly, follow social distancing guidelines and the government guidelines or directives in place in their country.
- Although the EHF is aware that for some teams a trip to a EuroHockey event is also a team building trip, the EHF requests that all team members respect social distancing and try to minimize activities which can easier lead to infections. The teams must aim to reduce the group's exposure to anyone outside their group.
- Travelling spectators should be encouraged not to travel with or stay in the same hotel as the teams. This applies also to club/nation presidents and Board members.
- Training in the days leading up to the event will be organised by the host as normal.
  - **NB** If teams have arranged training sessions at different clubs than where the event takes place, this is fine as long as teams refrain from meeting people from outside the event.
- Pre-match line-ups will be as normal but players are not recommended to shake hands with opponents or the umpires.
- Other recommendations for teams:
  - Any member of a team showing any COVID19 symptoms must be isolated immediately and the Tournament Doctor and the TD must be informed.
  - If there is not sufficient space at a venue, to allow for social distancing it could mean that teams are not allowed to stay at the venue to watch other matches. However, per team 3 persons (eg. coach and assistant coach) must be allowed to watch games.
  - Video towers will probably not be accessible for more than 1 person per team.
  - It is strongly advised that teams share video footage amongst each other when a video tower is only accessible for 1 person or only accessible for the 2 playing teams.

- Additional space created for non-playing team members and extra staff will be provided by the organizers, please use this allocated space.
- Team members are recommended to wear face coverings during transport and are required to provide these for themselves.
- Staff should keep track of seating plans and interactions at team meetings and meals and taking photos of seating plans on buses/planes to detail interactions.
- Staff to keep track of having set seats on all bus trips.
- Regarding the wearing of face coverings during matches: teams and staff should follow local guidelines on this.
- Team members are strongly advised that each player brings its own water bottle.
- We advise no sharing of PC equipment - all players should have their own protective equipment for defending penalty corners.
- Teams are required to bring PC gear to the other side at half-time.
- Teams can play practice matches before the event between teams of the event. Hosts can arrange external umpires for this but they must be fully vaccinated.
- Ball patrol often collect up the face masks and gloves after a penalty corner and replace them (in a container) behind the goal. This however will not be done so this may cause a slightly longer delay than the 40 seconds allowed for the defending team at a penalty corner to get all their protective equipment on and be ready for the corner. Umpires will be advised of this and leniency applied to allow all players to be equipped and ready to defend a PC. However, teams are required to speed up this process.
- A maximum of 2 persons are allowed per team (including a translator) at the Pre-Event Briefing Meeting. Effectively this is the Team Manager plus one.
- The home team can arrive on Day 1 (1<sup>st</sup> match day) and enter the hotel on that day as long as the Team Manager is present from Day 0 at the Event Briefing Meeting and checks.
  - It is advised not to stay in rooms with more than 2 persons (but if teams chose to stay in triple rooms, is on their own risk). This is to avoid losing players / staff as close contacts if a person becomes infected. If teams want to use only single rooms, is for each Member Association/Club to decide. There is no requirement from EHF to only use single rooms.
  - The Team Manager is required to send the room pairings of players and staff (not room numbers) to the EHF ([covid19@eurohockey.org](mailto:covid19@eurohockey.org)) no later than the Event Briefing Meeting.
  - The 2 team GKs are not recommended sharing the same room.
  - If teams fly home after the last match of the event and cannot shower at the club, they should try and arrange for a later check-out in order to shower in the hotel.
  - If teams would like to go outside of the hotel to do some stretching, running, getting fresh air, go to supermarket this is possible. Try to refrain from bumping into other people.
  - Team members should not bring children to the event (unless they are also part of the Team Staff or Players). The only exception is where playing mothers have young babies and are breast feeding, they can then bring their baby. Any person who will mind the baby during the match must be fully vaccinated or recovered.

## **Testing and Vaccination- Teams**

Whether a team needs a PCR test before travelling, is completely dependent on the rules in the host country.

- After consideration the following has been agreed:
- **NB ALL Teams must have emailed EHF ([covid19@eurohockey.org](mailto:covid19@eurohockey.org)) before they depart, confirming their vaccination/recovery status using the **Vaccine/Recovery Form**.**
- **NB** Proof of everybody being vaccinated/recovered does not need to be submitted to the EHF, however please note that **EVERYONE needs to show Vaccination/recovery proof to the host to be able to access the venue and play in the event**. Failure to do this will mean that player/staff member will not receive an accreditation for the event.
- If any Team member tests positive, they must be isolated and will not be allowed to be involved in any matches in the event until they are tested again and have a negative result and must follow the Government guidelines (or laws) in the relevant country.



## Officials

- Officials are required to take all the precautions they can take to minimize the risk of becoming infected before or during the tournament.
- The EHF requests that all Officials respect social distancing and try to minimize activities which can easier lead to infections. The Officials must, at all times, aim to reduce the group's exposure to anyone outside their group.
- Dug-out areas are bigger, so be flexible when players/staff are further away from them than normal.
- Officials are required to wear face coverings during transport and are required to bring their own for the event.
- Officials to keep track of seating plans and interactions at Officials meetings and meals and taking photos of seating plans on buses to detail interactions.
- Officials to keep track of having set seats on all bus trips.
- Officials can decide themselves if they want to wear face coverings while being on duty during matches. However if local guidelines require face coverings, then they must be worn.
- If Officials are required or recommended to wear face coverings outside the pitch and/or in the clubhouse, is for the host to decide taking the local government rules into account. The same applies when having meetings inside; local rules will decide if, when seated, you need to wear face coverings.
- As ball patrol are not going to collect up the face masks and gloves after penalty corners and replace them in a container behind the goal, this may cause a slightly longer delay than the 40 seconds allowed for the defending team at a penalty corner to get all of their protective equipment on and be ready for the corner. Umpires will be advised of this and leniency applied to allow all players to be equipped and ready to defend a PC.
- Officials who share a room, should try to eat at the same table as their roommate.
- Any official showing any COVID19 symptoms must be isolated immediately and the Tournament Doctor and the TD must be informed.
- If officials would like to go outside of the hotel to do some stretching, running, getting fresh air, go to supermarket this is possible. Try to refrain from bumping into other people.

### ***Testing and Vaccination- Officials***

- Whether an Official needs a PCR test before travelling, is completely dependent on the rules in the host country.
- After consideration the following has been agreed:
  - All EHF personnel – officials (which includes umpires) local officials, EHF Media Officer, EHF Photographer, EHF Representative, EHF Doctor, EHF staff- should be fully vaccinated (or have certificate of recovery) to participate in the event.
  - **All EHF Personnel must email EHF before they depart with proof of vaccination/recovery.**

## Spectators

If spectators are allowed at the venues, the following applies:

- Make sure spectators follow all instructions from the organisers.
- Spectators are to wear, if required by local regulations, a face covering. Organisers have the right to refuse a spectator to a venue if face coverings are required and a spectator refuses to wear one.
- Spectators are to practice social distancing and wash hands often.
- Spectators are NOT ALLOWED onto the pitch.
- Spectators are NOT ALLOWED in the vicinity of the benches and Technical Table.
- Travelling spectators should be encouraged not to travel with or stay in the same hotel as the teams.
- Where spectators can come close to the teams, it is recommended to make a barrier between teams and spectators. It should also be made clear that:
  - players should not hug or kiss their family/friends attending the event; players may approach their families/friends but must remain a minimum of 1.5m distant;
  - players should not give autographs to spectators;
  - players should not join spectators in the public area or stands;
  - players should not take selfies with spectators either using their own telephone or the telephone of the spectators.

# EuroHockey

- Spectators (including LOC and volunteers) are REQUIRED to either show their QR Code being fully vaccinated or show a valid PCR Test (or an antigen test which allows them to enter an event in the host country) to enter the venue. If they can't, then they are to be refused from entering the venue.

**NB This counts for everyone 12 years and older. For U12 the local regulations count for entering an event location.**

## Accredited Media

As with all people who attend a EuroHockey event, all Media will be expected to comply with all protocols put in place by the LOC. Failure to comply will result in accreditation being removed immediately.

Media are required to take all the precautions they can take to minimize the risk of becoming infected before or during the tournament.

**Media are REQUIRED to either show their QR Code being fully vaccinated or show a valid PCR Test (or an antigen test which allows them to enter an event in the host country) to enter the venue. If they can't, then they are to be refused from entering the venue.**

The EHF requests that all Media respect social distancing and try to minimize activities that can easier lead to infections, especially when indoors in the Media Centre.

The Media must, at all times, aim to reduce the group's exposure to anyone outside their group.

The Media will be expected to wear face coverings (over nose and mouth) and respect social distancing at all times when in the accredited Media Zones.

Photographers may or may not be allowed around the pitch under the normal guidelines. However, this will depend on what is allowed locally and the LOC will advise in advance.

Any member of the Media showing any COVID19 symptoms should 1. NOT attend the event 2. If symptoms start at the venue: be isolated immediately and the Tournament Doctor and the TD must be informed.

The EHF will not require that Media have to be tested for COVID19 before an event, but we recommend that anyone applying for Media Accreditation take a test before travelling to the event, as per local requirements of the destination.

However, it's possible that a test might be compulsory in the hosts' territory.

Of course, it is clear that transmission of the virus can happen between the test and arrival at the venue, but we expect everyone to do their utmost to try and keep possible transmission to a minimum (Social distancing, face coverings and hand hygiene).

## Information on positive tests

### **Teams:**

- The EHF will decide when a team needs to drop out of the event if they have a number of positive tests, in accordance with local guidelines.
- The following has been agreed:
  - The COVID19 Guidelines are created for the safety of players, staff and officials.
  - Once a team has a positive case, the EHF COVID19 Panel will be informed and will monitor the situation. The local authorities may have to be informed.
  - A person who is tested positive with a Quick test, must do a PCR test immediately and go into quarantine.

- If the PCR is negative, the person is allowed to continue in the event, but has to do a Quick test each day for the next 5 days (or for the remainder of the tournament when less than 5 days remain).
- If the PCR is positive, the person goes into isolation. All *close contacts* will if required go into isolation in accordance with the local authority guidelines.
- The *close contacts* of the positive Quick tested person go into quarantine immediately and have to do a PCR test not earlier than 24 hours later.
  - If the PCR of the *close contact* is negative (AND the PCR of the person who was initially tested positive with a Quick test AND is subsequently tested negative with the PCR test), the person is allowed to continue in the event, but has to do a Quick test each day for the next 5 days (or for the remainder of the tournament when less than 5 days remain).
  - If the PCR of the *close contact* is negative (AND the PCR of the person who was initially tested positive with a Quick test AND is subsequently tested positive with the PCR test), the person may not be allowed to continue in the event -this will be dependent on local authority guidelines.
  - If the PCR of the close contact is positive, the person goes into isolation. All potential additional *close contacts* will go into isolation or longer if determined by the local health authorities.
- If a person is tested positive with a PCR during an event, then the following counts:
  - The positive person goes into isolation immediately. A retest (done at the same company as where the initial positive test was done) can be made only after 5 days (or later if determined by the local health authorities) from the moment the test was taken.
  - If a 2<sup>nd</sup> PCR is negative (taken after 5 days), the person can continue in the event, if agreed by the local health authorities.
  - The rest of team (player and staff) does Quick testing each day for the remainder of the tournament.
  - He/she must follow the Government guidelines (or laws) in the relevant country.
- Teams are not encouraged to bring many staff members. Please be aware that the more people you bring, the more chance that people can get infected.
- Not being able to play due to too many positive tests, means you forfeit a match as matches cannot be postponed and the opposition will be awarded a 5-0 win (unless the match schedule allows for rescheduling, which is to be decided by the TD and EHF Competitions Manager).
- If a team withdraws or is withdrawn from the competition due to COVID19, the following will apply:
  - **Pool games:** Any matches it still has to play in the pool or has played in the pool will be recorded as a 5-0 loss. The team is ranked bottom of their pool.
  - **Classification rounds:** All results of this team until then stand. The classification match due to be played is recorded as a 5-0 loss. The team is recorded as the loser of that classification match and will be ranked accordingly.
  - Should more teams withdraw or be withdrawn due to COVID19, the EHF will decide at its sole discretion how the teams are ranked at the end of the Event.
  - **NB** For example if a team wins a Semi-Final match and has to withdraw/is withdrawn shortly before the final due to COVID19, they are ranked 2<sup>nd</sup> in the Event.



- Each host NA/club will confirm with their local health authorities whether players from travelling teams, who test positive for COVID19, have to stay in the host country for the duration of their isolation period, or whether they can return and finish their isolation period in their own country. This to be communicated to the travelling teams ASAP.

## EHF Personnel

- If officials are tested for COVID19 in a host country, the test result needs to be given to the Official directly and not via someone of the organisation / home team.
- If an Official has a positive test during the event, it means an Official cannot take any further part in the event and will have to be isolated and quarantined from the rest of the Participants. If an Official is sharing a room, it means the other person is seen as 'close contact' and may also have to be isolated.
  - An Official who is tested positive with a Quick test, must do a PCR test immediately and go into quarantine.
    - If the PCR is negative, the person is allowed to continue in the event, but has to do a Quick test each day for the next 5 days (or for the remainder of the tournament when less than 5 days remain).
    - If the PCR is positive, the person goes into isolation. All *close contacts* will go into isolation in accordance with the local authority guidelines.
  - The *close contacts* of the positive Quick tested Official go into quarantine immediately and have to do a PCR test not earlier than 24 hours later.
    - If the PCR of the *close contact* is negative (AND the PCR of the person who was initially tested positive with a Quick test AND is subsequently tested negative with the PCR test), the person is allowed to continue in the event, but has to do a Quick test each day for the next 5 days (or for the remainder of the tournament when less than 5 days remain).
    - If the PCR of the *close contact* is negative (AND the PCR of the person who was initially tested positive with a Quick test AND is subsequently tested positive with the PCR test), the person may not be allowed to continue in the event -this will be dependent on local authority guidelines.
    - If the PCR of the close contact is positive, the person goes into isolation. All potential additional *close contacts* will go into isolation or longer if determined by the local health authorities.
- If an Official has a positive test during the event (and has to go from a twin room to a single room), depending on the requirements in the host country, an Official will likely have to stay in isolation for a period. This additional cost of this isolation during the event, if required, is for the Officials' own NA to pay.
- If an Official has a positive test at the end of the event, depending on the requirements in the host country, an Official will likely have to stay in isolation for a period. The cost of this isolation after the event, if required, is for each Officials' own NA to pay.
- If an official gets COVID19 and his/her travel ticket needs to be changed, the cost of this change, if required, is for each Officials' own NA to pay even if the initial ticket was paid for by the host/EHF.
- Each host NA/club will confirm with their local health authorities whether officials from outside the host country who tests positive for COVID19, have to stay in the host country for the duration of their isolation period, or whether they can return and finish their isolation period in their own country. This to be communicated to the travelling Officials ASAP.



**Finally, we strongly advise a COMMONSENSE approach:**

Just a reminder: Key indicators of a COVID19 infection include high fever, dry cough, tiredness, breathlessness or loss of sense of taste and/or smell.

Minimizing the risk to EHF competitions from COVID19 relies on thorough and robust preparations and on-site organisation, but also to a large extent on the cooperation, behaviour and understanding of the teams, their players and technical staff, as well as the EHF personnel, the host volunteers and all target groups involved in the event.

Please bear in mind that whilst testing is a good indicator, it is not 100 % effective. Even if testing is mandatory on arrival in a country, teams and officials may have already travelled and stayed together and perhaps have had breakfast together before the testing takes place.

This means that testing is only partly effective as a transmission during those interactions would not yet result in a positive test. The WHO is clear that the incubation period for COVID19 is several days.

**So even with negative tests, we highly recommend that all participants in all EuroHockey events practice social distancing, hand washing and wear face coverings as recommended in the host country for the duration of the event.**

Thanks and Enjoy the events!

**REMINDERS**

- Wash your hands regularly and use hand sanitizers where available.
- Wear face coverings unless outside and 1.5m distance from others.
- Cough into your face coverings, sleeve or tissue.
- Keep at least 1.5m distance from all others including in operational spaces.
- Avoid physical contact, including hugs and handshakes.
- Keep physical interactions with others to a minimum.
- Avoid closed spaces and crowds where possible.
- Avoid using shared items (eg. phone, pen, bottle) where possible or disinfect them.
- Ventilate rooms and common spaces regularly.